



Holy Family RC and CE College

Spring 2010



WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	New York Sausage	Chicken Tikka Masala with Pilau Rice	Mediterranean Meatballs in Tomato Sauce	Chicken Joes	Fish Cakes
Main Meal Option	Mexican Funky Chicken	Roast Turkey, Stuffing and Sausage Dinner	Beef Cobbler	Quiche Lorraine	Cajun Chicken in a Bun
Vegetarian Option	Vegetarian Sausage	Quorn Chicken Tikka Masala	Veggie Meat Balls	Veggi Chicken Type Quorn Wraps	Spicy Bean Burger
Dessert	Chocolate Fudge Brownie	Rice Pudding with Jam Sauce	Sticky Toffee Pudding with Custard	Clifton Grid	Hot Banana Cake and Custard