



# Holy Family RC and CE College

Spring 2010



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Spaghetti	Lamb Rogan	Meat and	Chicken Joes	Fish Fingers
Option	Bolognese	Josh with Rice	Potato Pie		
Main Meal	Honey &	Roast Beef	Lamb and	Quiche	Chargrilled
Option	Mustard	and Yorkshire	Haricot Bean	Lorraine	Chicken &
	Chicken	Pudding	Casserole		Salad in a Bun
		Dinner			with Sweet
					Chilli Sauce
Vegetarian	Veggie	Lentil and	Cheese and	Veggie	Spicy Bean
Option	Spaghetti	Vegetable	Onion Pie	Chicken Type	Burger
	Bolognese	Curry		Quorn Wraps	
Dessert	Chocolate	Apple	Syrup Sponge	Bakewell Tart	Carrot Cake
	Crunch	Crumble and	and Custard		
		Custard			